

Lesson Title: Social Thinking -“Way to A” Lesson #2

Grade: 4

**Subject: Health
Unit: Peer Relations**

Driving Question: Can we make good choices when we feel upset or angry?
How do we help ourselves and our friends feel good in the end?

**Curriculum Outcomes:
*NS Grade 4 Health***

D2.1 demonstrate respect and caring in relating with classmates

D2.2 define and demonstrate what it means to be a good friend

D2.3 demonstrate an understanding that relationships entail both rights and responsibilities

Learning Targets:

- 1) Students will identify “A” choices that are do-able and will help them avoid conflict and find a positive result.
- 2) Students will create a Visual Cue Card (using an iPad or by hand if they prefer)

Resources/AT Tips:

- 1) Students are using their own tablets, or class iPads as long as they have [Comic Life](#) or [Pic Collage](#) available.
- 2) Way to A [Power Point](#)
- 3) [T-chart](#)
- 4) [Cue Card Assignment](#)
- 5) Follow up this lesson series with this Video Link:
[Way to A screencast](#)

This video Will act as a reminder for the Way to A Lesson. The video can be watched whole class or as a calming down choice for individuals as well.

Lesson Procedure

** The nature of this lesson requires a constant back and forth from Teacher leading to student reflecting and doing. By bringing it back to the teacher for short periods you will be able to more effectively guide the students on their choices. You do not want the students to proceed too far into making plans that are not going to work. The essence of this lesson requires self reflection and choosing A choices that are Do-ABLE*

We Share: (10 -15 minutes)

Carry over from Lesson 1:

1 – 3 Students share their posters, describing what happens to make them “lose their cool”.

Tell the students: We are going to continue with our Way to A Story today.”

We have figured out what makes us “lose our cool”, so now we have to look at bad choices and good choices that people make when they are upset.

I do: Introduce “Way to A” (10 minutes)

- 1) Proceed with [Power Point](#)
- 2) Work through the lesson (stop at “When I choose B”)

Talk about B choices. What are some things that people do that make everyone upset? What are choices that have a bad result? So if people are feeling angry with us, if we get sent to the principal, if we have a time out, or a game is ruined, what did we do to make that happen?

Have a brief discussion, and then let the students know that they will be reflecting on this in more detail for their t-chart.

You Do: (10 - 15 minutes)

- 1) Have students go to Showbie to access their t-chart for this section
Students take 10 minutes to complete the B side of their T chart

Teacher note: Always do bad choices first, and then end with Good Choices. Good Choices are foremost in the students’ minds that way.

I Do: (10 minutes)

- 1) Look at the “A Choices” slide. Have a class discussion. Remind students that even when angry, they ALWAYS have a choice. Their choices decide the outcomes, so if they want a good outcome, they need to make A choices.
- 2) Let the students know that they are going to finish their T chart and start planning realistic A choices they can make – encourage discussion in their small groups. Remind them that good collaborators help their team members make choices that will work.

You do: (10 – 15 minutes)

- 1) Students take 10 minutes to finish the A choices of their T-Chart.
- 2) Teacher circulates to make sure choices are Do-able

You do: (20 - 25 minutes)

- 1) Students have time to work on their cards.
- 2) Encourage students to work in groups of 4 where they can collaborate on what really are A Choices.
 - 1) Teacher circulates to guide conversations and help students identify situations that can create problems for them.

Adaptations:

Hearing Impairment – make sure (student names) have their mics in and you are wearing the transmitter.

ASD students can access assignment from **Showbie** and work in the break out room (with TA) to create a quiet space. Access the assignment in **Claro** to use **Text to Speech**. **Speak Select** in **CoWriter** for the text can be pasted into their document or poster.

LD – any LD students will be able to access their work in **Showbie** , then **Claro** to access the **Text to Speech**. They can use the **Speech Select** from **CoWriter** and paste text in their document or poster.